

## **SUMMARY**

Dr. Spiegel studied medicine at New York Medical College, Valhalla, New York. He interned in General Surgery at Cedars Sinai Medical Center, Los Angeles. Residency was completed in Anesthesiology with third year emphasis on Cardiac Anesthesia at University of California Medical Center, Los Angeles. Dr. Spiegel is Board Certified, specializing in Cardiac Anesthesia, Critical Care Medicine and Pain Management.

## **PROFESSIONAL EXPERIENCE**

Pain Management Specialist Pain Management & Injury Relief, Simi Valley, CA	2012 - Present
Pain Management Specialist Broadway Surgical Institute, Santa Monica, CA	2007 - Present
Pain Management Specialist Thousand Oaks Surgery Center, Thousand Oaks, CA	2007 - Present
Medical Director Pain Management & Injury Relief Medical Center, Thousand Oaks, CA	2007 - Present
Anesthesia Chief Los Robles Regional Medical Center, Thousand Oaks, CA	2001 - 2007
Locum Tarzana-Encino Regional Medical Center, Tarzana, CA & Encino, CA	1992 - 1997
Medical Director St. John's Surgical Center, Beverly Hills, CA	1996
Assistant Clinical Professor University of California, Los Angeles, CA	

## **POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS**

Resident, Anesthesiology with third year emphasis on Cardiac Anesthesia University of California Medical Center, Los Angeles, CA	1989 - 1992
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Emergency Room Physician Encino Hospital, Encino, CA	1988 – 1991
Emergency Room Physician Sherman Oaks Hospital, Sherman Oaks, CA	1987 - 1988
Intern, General Surgery Cedars Sinai Medical Center, Los Angeles, CA	1986 - 1988

### **EDUCATION**

M.D. New York Medical College Valhalla, New York	1986
B.S. University of California, Santa Barbara Major: Biology Santa Barbara, California	1982

### **RESEARCH EXPERIENCE**

Halyard Health, Inc: A Prospective, Multi-center, Randomized, Clinical Trial Evaluating the Safety and Effectiveness of Using Coolief™ Cooled Radiofrequency Probe to Create Lesions of the Genicular Nerves and Comparing Corticosteroid Injection in the Management of Knee Pain. Role: Sub-Investigator.	2015
Cytonics Corporation: A Phase I/II, Multicenter, Double-Blind, Placebo-controlled Safety and Efficacy Study to Evaluate APIC-CF Therapy for Mild to Moderate Primary Osteoarthritis of the Knee. Role: Sub-Investigator.	2015
University of California, Santa Barbara Analytical Experimentation involving Lytic Factors	1979 - 1982

### **LICENSURE**

Board Certified, Anesthesiology

Diplomat, National Board of Medical Examiners (NBME)

### **CERTIFICATIONS**

Advanced Cardiac Life Support

Basic Cardiac Life Support

## **HONORS AND AWARDS**

Honors Society, University of California 1981 - 1982

## **CONFERENCES**

“The Insutitute for Functional Medicine: The Omics Revolution” Austin, TX May 2015

“Becker’s Healthcare: Spine, Orthopedic, and Pain Management+  
The Future of Spine” Chicago, IL June 2014

“Becker's ASC 22nd Annual Meeting: The Business and Operations of ASCs  
October 22-24, 2014” Chicago, IL Oct 2014

## **CONTINUING MEDICAL EDUCATION (CME)**

The Institute for Functional Medicine: The Omics Revolution (19 AMA PRA credits) May 2015

Becker’s Healthcare: Spine, Orthopedic, Pain Management+ The  
Future of Spine (10.75 AMA PRA credits) June 2014

Becker's ASC 22nd Annual Meeting: The Business and Operations of ASCs Oct 2014

Safe Procedural and Surgical Verification Nov 2014

Review of Interventional Radiology (10 AMA PRA credits) Feb 2014

Stryker Interventional Spine’s Product Training Aug 2012

PAINWeek 2011 (30 AMA PRA credits) Sept 2011

## **PROFESSIONAL ORGANIZATIONS**

Member, American Society of Anesthesia (ASA)

Member, California Society of Anesthesia (CSA)

## **PUBLICATIONS**

“Partial Purification and Characterization of the Lytic Factor of Chlam,” Reinhardii Journal 1981

of Cell Biology 91:167

Presentation of Research Findings  
Annual Cell Biologist’s Convention

## ACTIVITIES

Staff Physician ABC's Extreme Makeover	2003 - 2004
Flight Physician Los Angeles County Sheriff Department, Helicopter Rescue Squad	1991
Flight Physician UCLA MedStar, Fixed Wing/Helicopter Medical Transport	1990 - 1991
Flight Physician Los Angeles County Fire Department, Helicopter Rescue Squad	1988